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22 October 2003

Commissioner for Patents
P.O. Box 1450
Alexandria, VA 22313-1450

By Express Mail

Re: Serial Number: 09/992,735
Filing Date: 11/13/2001
Applicant: James Bradford Copelan

Commissioner:

I have enclosed the following documents with respect to the above referenced application:

1. Reply to Restriction Requirement
2. Check in the amount of \$18.00.
3. Certificate of Mailing by Express Mail.
4. Self-addressed stamped postcard.

Please date stamp the postcard, showing your receipt of the above documents, and return it to me.

Thank you for your cooperation. If you have any questions, please call me.

Sincerely,
GOULD & WHITLEY
a partnership of professional corporations

Linda Flewellen Gould
LFG
Encl.
c: James Copelan



CERTIFICATE OF MAILING BY EXPRESS MAIL

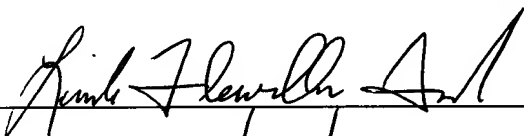
Patent Application of: James Bradford Copelan
Application Number: 09/992,735
Filing Date: 11/13/01

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Linda Flewellen Gould, registered representative


Date: 10/22/03



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re Application of: James Bradford Copelan
Serial No.: 09/992,735
Filed: November 13, 2001
For: Healthy Diet System
Group: 1761
Examiner: Drew E. Becker

REPLY TO RESTRICTION REQUIREMENT

Commissioner for Patents
P.O. Box 1450
Alexandra, VA 22313-1450

Sir:

In reply to the Office Action dated October 2, 2003, Applicant submits the following:

Group II, consisting of Claims 6 and 8 and new claims 17 - 36, is provisionally elected with traverse.

Please amend the Claims of the above-identified application as set forth on the following pages: